

4-H COOKING COMPETITION



EVENT DATE

April 29th, 2017

10:00-12:30 (& 2:00-4:30 depending on # of participants)

ADVANCE REGISTRATION REQUIRED

\$15 & FORM @ 4-H OFFICE BY APRIL 17TH

LOCATION • UCCE YOLO, NORTON HALL @ 70 COTTONWOOD STREET, WOODLAND, CA

**REQUIREMENTS • AGES 12+ AT TIME OF EVENT • 4-H MEMBER IN YOLO/
SACRAMENTO/SOLANO COUNTIES • KITCHEN SAFETY SKILLS • ABILITY TO INDEPENDENTLY
PREPARE FOOD WITHOUT DIRECT SUPERVISION •**

**FEATURING • 1 HOUR FOR LIVE COOKING • SECRET INGREDIENT • PANTRY OF FOODS TO
USE • LIVE JUDGING • BONUS CHALLENGES • AWARDS •**

QUESTIONS? MHOROWITZ@UCANR.EDU

4-H COOKING COMPETITION REGISTRATION



Spice cupboard:

In order to stock the “spice cupboard” for this event, each participant needs to provide 10 varied spices/seasonings/dressings/sauces for the event (for example, soy sauce, vanilla, garlic powder, ranch dressing, flavored olive oil, cocoa powder, poultry seasoning, allspice, hot sauce). These may be used by chefs during the event depending on their preferences. Unused portions will be returned (please write your name on them). They do not need to be brand new, but should be over half full.

Equipment:

In order to provide a variety of mediums for cooking, please bring any electrical cooking appliances you may have (such as skillets, toasters, blenders, etc) labeled with your name for chefs to use.

Safety:

All chefs must follow strict safety rules. Failure to comply at the event will result in a forfeit. Short sleeves, close toed shoes, and tied back hair will be necessary to ensure safety.

Name of Participant:

County:

Birthdate:

4-H Club:

Phone #:

Email:

Food Allergies/Restrictions:

Name of Participant(s):

4-H COOKING COMPETITION JUDGING CARD



Description of Dish:

	Not completed/ Inedible	Minimum Quality	Good	Great	Nearly Perfect
Visual presentation of dish	0	4	6	8	10
Verbal presentation of dish	0	4	6	8	10
Taste	0	5	15	20	25
Variety of ingredients used	0	4	6	8	10
Cooking skills	0	5	15	20	25
Use of secret ingredient	0	4	6	8	10
TOTAL COOKING SCORE					